Hold the Pencil

You can put an end to awkward or even fisted pencil grips. Using these tips, your students will hold the pencil with the right combination of mobility and control. Children are “plastic”—they can be molded gently into good habits. These tips make it easy and fun for children to learn a correct pencil grip.

A-OK
Teach children how to hold the pencil correctly. This is the A-OK way to help children.
The pencil is pinched between the thumb pad and the index finger pad. The pencil rests on the middle finger.

Right-handed:

<table>
<thead>
<tr>
<th>Step</th>
<th>Description</th>
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<tbody>
<tr>
<td>1. Make the A-OK sign.</td>
<td>Open the A-OK.</td>
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<tr>
<td>2. Drop the fingers.</td>
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<tr>
<td>3. Pinch the pencil.</td>
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Left-handed:

Alternate grip
A good alternate grip is a pinch with the thumb and two fingers. The pencil rests on the ring finger.

Flip the pencil trick
Here is another method. It is a trick that someone showed me and I’ve found it so effective and so much fun I’ve been sharing it ever since. Children like to do it and it puts the pencil in the correct position. (Illustrated for right-handed students.)

Place pencil on table pointing away from you. Pinch pencil and pick it up. Pinch the pencil where you should hold it—on the paint where the paint meets the wood. Hold the eraser and twirl it around. Voilà!